
INSULT
MOTOR
HARLEY DAVIDSEN
CYCLES
BORN FROM CHAOS. DRIVEN BY RAGE



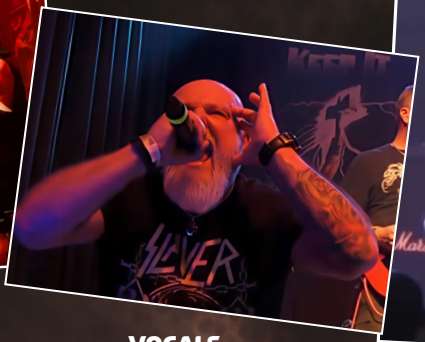
BASS
JAY STALLARD



GUITARS
ROBBIE HARRIS



DRUMS
STEVE GRICE



VOCALS
JASE HOWELL



GUITARS
JOHN FIFIELD

Forged from the roots of UK thrash, Insult deliver a high-impact, riff-driven live show built on experience, precision, and pure energy. Featuring former members of Onslaught, the band bring decades of touring pedigree and a sound that hits hard with audiences of classic metal and modern thrash alike.

Their debut album Reside Infernus has received strong critical support, praised for its raw, authentic approach and relentless energy, proving that old-school metal still commands attention on today's stages.

Insult are a reliable, professional, and stage-ready act, capable of delivering tight, powerful performances that connect instantly with crowds - whether supporting established names or taking centre stage.

Heavy. Direct. Crowd-moving metal — built for the live environment.

"Brutal, energetic and riff-driven, Reside Infernus proves old-school thrash is alive and kicking- delivering non-stop fist-pumping metal with authenticity, power, and serious pedigree."



CRITICAL ACCLAIM

Suzy's Musical World
Blending the riff-driven spirit of Iron Maiden with the biker groove of Judas Priest and the punch of Metallica and Testament, Reside Infernus delivers a high-energy throwback to classic metal done right. Packed with catchy hooks, dual guitar firepower, and relentless, fist-pumping momentum, Insult prove old-school metal still rips. Stripping away excess and focusing on pure impact, this debut is raw, fun, and undeniably effective.
9/10

Encyclopaedia Metallum
A long-awaited debut four decades in the making,
Reside Infernus delivers a powerful blast of classic British thrash with a modern edge. Rooted in the legacy of Onslaught, Insult forge riff-driven, mid-paced aggression packed with sharp hooks and disciplined songwriting. Blending old-school grit with refined structure, it's a compact, hard-hitting album that sits comfortably alongside both vintage thrash and today's new wave.
9/10

Musipedea of Metal
Blending old-school thrash roots with a hard rock and traditional metal edge, Reside Infernus delivers a raw, energetic set of well-crafted tracks driven by experience and attitude. While sharing DNA with Onslaught, Insult carve their own path with a rough, Motörhead-inspired groove and a no-frills, live feel. The production may lean too far into vintage territory at times, but the songwriting and energy shine through, marking a strong and promising debut.
7/10

Scream Blast Beat
A long-awaited debut rooted in classic British metal pedigree, Reside Infernus delivers a fierce blend of thrash, punk, and NWOBHM influences. Insult channel raw, old-school aggression through riff-heavy songwriting, snarling vocals, and relentless energy, while avoiding cliché revivalism. Drawing from influences like Anthrax, Megadeth, and Motörhead, the album balances speed, groove, and attitude with a no-frills, organic production that keeps it authentic and hard-hitting throughout.
7/10

MGM Global MInd
Built on a strong '80s thrash pedigree, Reside Infernus is a razor-sharp blast of old-school aggression, fusing punk attitude with classic metal power. Insult deliver chugging riffs, relentless rhythms, and snarling vocals that hit hard without overcomplicating things. Drawing on influences from Anthrax to Motörhead, the album is brutal, energetic, and refreshingly authentic, proving that experience and raw intent still carry serious weight in modern thrash.
9/10

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SOCIALS



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